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WELCOME FROM GRADUATE AND POSTDOCTORAL STUDIES (G+PS)

UBC is one of the top research-intensive universities in the world and a recognized leader in research and scholarship at the graduate level across an enormous range of disciplinary and interdisciplinary fields. You are joining 10,000 graduate student colleagues to partner and contribute to UBC’s role in discovering new knowledge and forming the next generation of scholars and professionals. Our goal in the Faculty of Graduate and Postdoctoral Studies is to ensure the highest quality educational and student experience, and to provide numerous opportunities for professional and academic development to promote your success in graduate school and beyond.
In its work as an educational and research institution, UBC places a high value on community partnership and the fostering of global citizenship and a civil and sustainable society. There are countless ways you can contribute to these missions of UBC, from your own research and scholarship, to volunteering as mentors, as student leaders, or in any of the various outreach opportunities available at UBC. I encourage you to immerse yourself fully in the rich intellectual and cultural life at UBC, and I am confident that you will be transformed by your experience, and will yourself enrich the community.

Please accept my best wishes for a fulfilling experience as a UBC graduate student. I look forward to celebrating your success.

Dr. Susan Porter
DEAN AND VICE-PROVOST, GRADUATE AND POSTDOCTORAL STUDIES
Congratulations on your admission to the University of British Columbia. As a current graduate student, I can say that you’ve made a great decision in choosing UBC for your graduate studies.

The University is rightly proud of its outstanding academic environment and as a new graduate student it’s tempting to focus solely on the academic side of life, but to do that would be to miss out on so much that UBC has to offer. I would encourage you to make the most of your time at UBC, by engaging in activities and groups outside your program and experiencing the diversity this campus has to offer.
I know from my own experience that getting familiar with everything UBC has to offer on campus can be a real challenge. The Graduate Student Society can help you in feeling at home. We are the voice of UBC’s 10,000 graduate students and every graduate student is a member of the Society.

We’re here to provide support, help you connect, and fight for changes that are important to you:

• We work with the Faculty of Graduate and Postdoctoral Studies and other parts of UBC on events and programs to equip you with skills for your future professional career.

• We take your concerns to the Provincial and Federal governments, on issues like supervisory excellence, housing and funding

• We offer a place to meet and connect with students from outside your program.
The most important thing is that we’re run by students for students, so you have a say in what we do. Of course, you can be a part of the Society by taking part in our events, but we do want to hear from you, whether that’s to suggest a new event or to share your concerns about some aspect of life on campus.

I hope the Graduate Student Society can play a part in helping you get the most from your time at UBC and to prepare you for success once you graduate. I have felt very lucky to be part of UBC and I hope each of you find the same satisfaction in your time here. Welcome to the University of British Columbia.

Nicolas Romualdi  
GSS PRESIDENT
INTERNATIONAL WELCOME

Join us for an engaging session with International Student Advisors to learn about key topics related to studying, working and being healthy at UBC. All new international students should plan to attend this important session. In preparation, please find great resources in the International Student Guide.
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8:45 am</td>
<td>Arrival</td>
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<tr>
<td>9:00 am</td>
<td>Welcome to UBC</td>
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<tr>
<td>9:15 am</td>
<td>Unlocking your study permit: Tools for success as a UBC international student - <em>Part I</em></td>
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<tr>
<td>10:30 am</td>
<td>Break</td>
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<tr>
<td>10:45 am</td>
<td>Unlocking your study permit: Tools for success as a UBC international student - <em>Part II</em></td>
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<tr>
<td>11:50 am</td>
<td>Preview of the G+PS Welcome in the Chan Centre</td>
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</table>
Thursday, August 29, 2019
1:45 - 5:15 PM
Chan Centre for the Performing Arts,
6265 Crescent Road

1:15 pm  Doors open
1:45 pm  Welcome remarks
2:15 pm  Introduction to campus services for UBC graduate students
3:00 pm  Coffee break
3:20 pm  Exploring your backyard for balance in grad school presentation
4:15 pm  Strategies for success in graduate school: faculty and graduate student Q&A panel
ORIENTATION
WELCOME BBQ LUNCH

Thursday, August 29, 2019
11:30 AM - 1:30 PM
GSS Courtyard

We’re setting up a BBQ during the Campus Resource and Student Activity Fair!

Pre-order a BBQ lunch combo for just $6.50 (includes tax & service fees). On the day of, pick up your lunch on the Graduate Student Society (GSS) courtyard between 11:30am – 1:30pm and then meet us on the grass meridian for the Fair.
**Combo Options**
*(includes a drink and chips)*

**Burger** *(beef or veggie)*

or

**Hot dog**

There are two ways to pre-order: via [Eventbrite](#) (credit cards only, $6.50 includes tax & Eventbrite fee) or, in person (cash only, $6.50 includes tax and processing fee) at the GSS Front Desk, Monday-Friday, 9am – 5pm.

When you register, you’ll be asked to choose a timeslot to pick up your burger or hotdog combo:

- 11:30am – 12:00pm*
- 12:00pm – 12:30pm
- 12:30pm – 1:00pm
- 1:00pm – 1:30pm**
*Note for International students*

The 11:30am – 12:00pm time slot is not recommended for students attending the International Student Welcome as this session is scheduled to end at 12pm and you will miss your pick-up window.

**Note about timing**

Both the BBQ and the Fair end at 1:30pm, and the GradStart Welcome in the Chan Centre starts promptly at 1:45pm. If you’ve pre-ordered for the 1:00pm – 1:30pm timeslot, you may wish to visit the Fair beforehand.

[Pre-Order Now!](#)

**Deadline to pre-order: August 27.**

Alternatives to the BBQ lunch

Bring your own lunch from home or one of our [campus eateries](#).
CAMPUS RESOURCE AND STUDENT ACTIVITY FAIR

11:30AM – 1:30PM
Main Mall

LIST OF PARTICIPANTS

Brought to you by the Graduate Student Society (GSS) and Graduate and Postdoctoral Studies (G+PS), meet representatives from over 40 campus services and student interest groups at the Campus Resource and Student Activity Fair.

Click on the unit names below for more details, and come check them out!

Black font: Campus Resources
Maroon font: Student Interest Groups
<table>
<thead>
<tr>
<th>Table #</th>
<th>Unit</th>
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<tbody>
<tr>
<td>1</td>
<td>Graduate and Postdoctoral Studies (G+PS)</td>
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<tr>
<td>2</td>
<td>International Student Development</td>
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<td>3</td>
<td>Independent Investigations Office</td>
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<td>4</td>
<td>Sexual Violence Prevention and Response Office (SVPRO)</td>
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<td>5</td>
<td>Ombudsperson for Students</td>
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<td>6</td>
<td>Equity &amp; Inclusion Office</td>
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<td>The Centre for Accessibility</td>
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<td>Go Global – International Learning Programs</td>
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<td>9</td>
<td>Health and Wellbeing (Counselling Services, Student Health Services, &amp; Wellness Centre)</td>
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<td>UBC Digital Tattoo Project</td>
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<td>UBC Library</td>
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<td>UBC Library Research Commons</td>
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<td>Centre for Writing and Scholarly Communication</td>
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<td>Centre for Teaching, Learning and Technology (CTLT)</td>
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<tr>
<td>15</td>
<td>CUPE 2278 The Union Representing Teaching Assistants, Markers, and English Language Instructors at UBC</td>
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<td>Centre for Student Involvement &amp; Careers</td>
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<td>Office of Research Ethics</td>
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<td>alumni UBC</td>
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<td>Graduate Student Society</td>
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<td>UBC Bike Kitchen</td>
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<td>UBC Let’s Talk Science</td>
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<td>26</td>
<td>UBC Sailing Club</td>
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<td>UBC Dance Club</td>
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<td>Intervarsity</td>
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<td>Graduate Christian Union</td>
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<td>CiTR &amp; Discorder</td>
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<td>31</td>
<td>Kaleidoscope Professional Undergraduate &amp; Graduate (PUG) Support Group</td>
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<td>Student Care</td>
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<td>UBC tandem Language Learning Program</td>
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<td>Applied Statistics and Data Science Group (ASDa)</td>
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<td>Enrolment Services Advisors</td>
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<td>Indigenous Mentorship of the Pacific Northwest (IMN-PN)</td>
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<td>UBC Residential School History and Dialogue Centre</td>
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<td>The University Multifaith Chaplains Association</td>
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<td>UBC Campus Security</td>
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<td>SEEDS Sustainability Program</td>
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<td>UBC Campus and Community Planning</td>
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<td>42</td>
<td>UBC Sustainability Initiative</td>
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<td>UBC IT</td>
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<td>44</td>
<td>St. John’s College</td>
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<td>45</td>
<td>Green College</td>
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<td>46</td>
<td>#UBCGradJourney</td>
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</table>
These sessions will help incoming graduate students successfully transition to UBC. Click on them to learn more and register, or click here for a complete overview.

Aug 30 | Doctoral Scholarship and Award Opportunities
Aug 30 | Doctoral Scholarship and Award Opportunities (webinar)
Sept 5 | Time Management
Sept 9 | Doctoral Scholarship and Award Opportunities
Sept 12 | Working effectively across difference
Sept 12 | Working effectively across difference (webinar)
Oct 28 | Scholarship and Award Opportunities: CGS-M Masters
Oct 28 | Scholarship and Award Opportunities: CGS-M Masters (webinar)
The Graduate Student Society offers activities to help you get familiar with the UBC campus, meet your fellow graduate students, and transition smoothly into student life. For more information and tickets for these events, visit orientation.grad.ubc.ca/events/

Aug 30 | Pancake Breakfast 1.0
Aug 30 | Campus Tours
Aug 30 | MOA Tours
Aug 30 | Happy Hour
Sept 6 | Speed Friending
Sept 7 | Hike Lighthouse Park
Sept 9 | Pancake Breakfast 2.0
Sept 13 | Sunset Boat Cruise
Sept 21 | Hike to Dog Mountain
Sept 27 | Bowling Night
Note for all events where tickets should be purchased

*To avoid Eventbrite fees, sales with exact cash only are also available at the GSS front desk from Monday through Friday, 9:00 am-5:00 pm.

The GSS Pancake Breakfast 1.0
August 30th, 2019, 9:00 am
GSC Courtyard, Thea Koerner House

Rise early and jump start your day as the GSS team cooks up a storm of tasty pancakes for grad students.

*RSVP to this free event, no tickets required.

REGISTER HERE
Campus Tours
August 30th, 1:00 – 4:00 pm
GSC Courtyard (Thea Koerner House)
Learn your way around campus and the spots you will need to know. Our guides are current UBC grad students with the inside knowledge so ask away!
*Tours are free, RSVP for your preferred time, please arrive 10 minutes early.

MOA Tour
August 30th, 1:15 – 4:15 pm
GSC Courtyard (Thea Koerner House)
Visit UBC’s Museum of Anthropology! MOA houses one of the world’s finest displays of North West Coast First Nations art and features extensive collections from around the world.
*Tours are limited to incoming grad students and are free, RSVP for your preferred time, please arrive 10 minutes early.
Happy Hour
August 30th, 4:00 - 6:00 pm
Koerner’s Pub, 6371 Crescent Rd.

You’ve made it through a whole week of orientation. It’s time to relax, let loose and meet other students and those who represent you!

*Get your tickets early as tickets at the door are LIMITED.

REGISTER HERE

Speed Friending
September 6th, 5:30 pm
GSS Loft - Room 4202, AMS Student Nest

Check out the grad student space, at the GSS Loft, while sipping on some drinks and mingling with new and continuing grad students. The format for Speed Friending is similar to speed dating with some extra activities and social time thrown in!

*Drinks will be sold from 5:30 pm until 7:30 pm (cash only/while quantities last)

REGISTER HERE
Hike at Lighthouse Park
September 7th, 9:30 am
Lighthouse Park is a beautiful strand of old-growth forest nestled into West Vancouver at the entrance of the Burrard Inlet. The forest is dense and rich with life and is a great spot for a quick getaway from the bustle of the city. This is an easy hike with minimal elevation! With over minimal gain in elevation gain and 3.3 kms roundtrip this hike in considered a short hike.

REGISTER HERE

Pancake Breakfast  2.0
September 9th, 2019, 9:00 am
GSC Courtyard, Thea Koerner House
Rise early and jump start your day as the GSS team cooks up a storm of tasty pancakes for grad students.

*RSVP to this free event, no tickets required.
Sunset Boat Cruise
September 13th, 2019, 6:00 pm
Sunset lights, great music, and watching sparkling city lights from one of Vancouver’s best charter cruise lines! The weather is beautiful, the city is bustling and you’ll be on a boat with 200 of your newest UBC friends.

*Tickets are reserved for new UBC incoming graduate students until the day before the cruise when tickets will be released to friends and family.

*Please note this is a 19+ event. Bring 2 pieces of government issued ID.

*Boarding starts at 6:00 pm from the Plaza of Nations Marina and the cruise leaves at 7:00 pm sharp. Don’t be late!

REGISTER HERE
Hike to Dog Mountain
September 21st, 2019, 9:00 am
Get out and experience the Canadian great outdoors! The Dog Mountain Trail from Mount Seymour offers a spectacular view of Vancouver on a clear day. This is an easy to intermediate hike! With over minimal gain in elevation gain and 5 kms roundtrip this hike is considered a short hike but a bit technical in some areas.

REGISTER HERE

Bowling Night
September 27th, 2019, 7:00 pm
Grandview Lanes, 2195 Commercial Drive
Join fellow graduate students in this fun Glow-in-the-Dark Bowling Night in the heart of Commercial Drive! (just a five minute walk from the Sky train).

*Non-grad students are defined as UBC staff or faculty and partners/spouses of UBC graduate students.

REGISTER HERE
Events
October through December

We will have more events happening throughout the term. Be sure to follow us on social media, subscribe to our newsletter and check our website for updates. Some events to look forward to include:

- Craft Untapped
- Archery Tag
- Professional Headshots
- Family Holiday- Van Dusen Tickets

and many more!

Specialty Programs
Run from September to December

We know that grad life is more than research. This is why we offer programs to help you enjoy other aspects of your UBC experience at a great student price! Our programs include:

- Zumba & Yoga at Thea Koerner House
- French at Loft
RESOURCES

We’ve put together a list of important resources that will be helpful for your grad journey at UBC. Click on the section that interests you for detailed information or browse through the entire list.

Academic Resources

Careers and Professional Development

Health, Wellness, and Safety

Get Advice and Address Problems

Connect and Get Involved

Attractions at UBC

Additional Resources
Academic Resources

**Graduate and Postdoctoral Studies**
As you navigate your graduate program at UBC, we encourage you to visit [grad. ubc.ca/current-students](http://grad.ubc.ca/current-students) for resources and guidance for thesis submission, doctoral examinations, deadlines, and graduation. This includes the *Handbook of Graduate Supervision*, *Student Responsibilities*, *Managing your Program*, and the *Graduate Game Plan* — a step-by-step guide to your degree.

**UBC Library**
With over 10 libraries on campus, you have access to resources to help you plan your research.

**UBC Research Commons**
Get help with citation management, statistical analysis programs, and thesis formatting through 1-on-1 consultation. Attend workshops and events to help you improve your research.
Centre for Writing and Scholarly Communication
Resources and tools to help you succeed with academic writing.

Centre for Accessibility
Support and programming initiatives designed to remove barriers for students with disabilities. The Centre for Accessibility facilitates disability related accommodations which help students overcome challenges that may affect their academic success.

English Language Support
- English Language Institute
- UBC Extended Learning
Career and Professional Development

At UBC, professional development for graduate students is a key priority to ensure the success of our graduates. It is a shared responsibility of a number of offices and academic units, profiled below. Visit our site for a multi-unit calendar of events and lists of services and resources.

Graduate Pathways to Success
Workshops and events to help you be successful in your academic, professional, and personal pursuits.

Centre for Student Involvement & Careers
A hub of career development expertise, programs, initiatives, and resources integrated within the full range of students’ academic, co-curricular, & extra-curricular experiences, the CSI&C works in partnership with Faculties to support students to become career-ready graduates.
Centre for Teaching, Learning and Technology (CTLT)
Gain professional development opportunities in teaching and learning with a focus on the integration of technology into teaching and learning.

Center for the Integration of Research, Teaching, and Learning at UBC (CIRTL@UBC)
Teaching undergraduate courses in STEM? Participate in a workshop to help you improve your skills and better teach future STEM leaders.

Responsible Conduct of Research
Online, on-demand courses that include data management, authorship, research ethics, and more. UBC is a subscribing organization, so students can take CITI Program courses for free.
Graduate students may register through UBC’s institutional subscription for this online, on-demand mentoring, tools, and support, including webinars and a 12-week Dissertation Success Curriculum, to help you succeed in the academy. Programming focuses on the following 4 key areas: Strategic Planning, Explosive Productivity, Healthy Relationships and Work-Life-Balance.
Health, Wellbeing, and Safety

For a list of online support tools, visit grad.ubc.ca/students/wellbeing.

Wellness Centre
Talk to a Wellness Peer, attend a workshop, and get student-tested tips on how to be happier and healthier.

Student Health Service
Visit a doctor, nurse, or other medical professional on campus at the UBC Hospital.

Empower Me
Empower Me allows students to connect with qualified counsellors, consultants, and life coaches on a variety of issues, 24/7.

Sexual Violence Prevention and Response Office
A safe place for students, faculty and staff who have experienced sexual violence, regardless of where or when it took place.
AMS Sexual Assault Support Centre
Free and confidential services for UBC students, staff, faculty, and those connected to the UBC-Vancouver campus community, including crisis and short-term emotional support.

Campus Security
Offers support in the event of theft, maintains a lost and found database, and provides 24/7 security services to promote a safe environment at UBC.

Safewalk
Safewalk is a transportation service that will accompany students, staff, and visitors who feel unsafe walking alone, across campus.

- Call Safewalk at 604-822-5355
- Find a UBC Blue Phone and ask for Safewalk
- Stop by their office in the Nest (1314)
- Safewalk sends a co-ed team to accompany you to your destination
Get Advice and Address Problems

**Office of the Ombudsperson for Students**
Work to ensure that “students are treated fairly and can learn, work, and live in a fair, equitable, and respectful environment”.

**GSS Advocacy Services**
Provides confidential assistance to individual graduate students facing difficulties academically or otherwise.

**Graduate Program Staff**
Contact your graduate advisor or graduate program administrator for department-specific questions or challenges.

**Equity and Inclusion Office**
Works to advance equity and human rights at UBC. Find resources and take workshops that support employment equity, education, leadership, and proactive initiatives while building resiliency and a respectful environment.
Connect and Get Involved

**Graduate Student Community**
Online discussion board with regular postings to help you get settled into your life as a UBC Vancouver graduate student. Information Regarding current career, workshop, and funding opportunities can also be found here.

**Graduate Student Society**
The GSS provides an independent voice for UBC-V graduate students. They advocate on student-related issues both within the university and at a provincial and federal level. They also advocate for individuals on academic, personal or financial issues; administer a health and dental plan; support and collaborate with other graduate student organizations; and host career and extracurricular events.

**Alma Mater Society (AMS)**
AMS UBC offers student services and advocacy ranging from tutoring to resource groups.
Student Clubs
With over 350 clubs there are plenty of ways to get involved. Can’t find something you’re interested in? Start a club yourself.

UBC Events
Learn about events happening all around campus.

Wednesday Noon Hour Concerts
Every Wednesday during the school year, UBC Music hosts a noon hour concert.

Simon K.Y. Lee Global Lounge and Resource Centre
Get involved with internationally-focused issues and get access to a network of organizations.

UBC Recreation
Provides opportunities to participate in intremural sports and sports clubs. You have access to two gyms, fitness classes, and gear rentals.
Attractions at UBC

Beaty Biodiversity Museum

Museum of Anthropology

Pacific Museum of Earth

Irving K. Barber Learning Centre

Chan Centre for the Performing Arts

Arts & Culture District

Morris and Helen Belkin Art Gallery

Theatre & Film

UBC School of Music

UBC Botanical Garden

Nitobe Memorial Garden
Additional Resources

**Student Services Centre**
Visit the Student Services Centre (SSC) to access information and resources on academic support, tutoring, advising, health and well-being, career building, and recreation. You can also use the SSC to register for courses, pay for tuition, get your study permit in order, explore your housing and transportation options, order transcripts and diplomas, and apply to graduate.

**International Student Development**
Everything you need to know about life as an international student at UBC can be found through International Student Advising in the Life Building, including information on Canadian study and work permits, health insurance, and adjusting to life in Canada. Check out the International Student Guide as your first step to finding out information on important topics, downloading step-by-
step tutorials for different immigration applications and signing up for a workshop, event or an advisor.

**Wayfinding at UBC**
Feeling lost? You aren’t alone. This is a great resource to help you find your way around UBC.

**The UBCcard**
As your official student identification card, it grants you access to various UBC buildings, and acts as your library card. You can add money online and use it to make purchases at the [UBC Bookstore](#) and [Food Services’ locations](#). If you are using a [U-Pass on your Compass Card](#), you must have the UBCcard with you on transit. To obtain your UBCcard you MUST apply [online](#).

**UBC Food Services**
Save with your UBCcard at over 40 places to eat. Learn about all the great options, meal plans, and location hours.
Stop by our #UBCGradJourney tent at the Campus Resource and Activity Fair to record and share why you’re excited to join our UBC community.

Graduate and Postdoctoral Studies welcomes you to UBC where our community inspires people, ideas, and actions for a better world. Our community of scholars is one of the world’s finest, committed to tackling the challenges that face our world.

Explore UBC and make it yours.